



BRAIN|BODY|MIND

The NeuroWay By Seb Kane



Case Studies

Name: Ruby Turner

Age: 8

How it started..

- Suffers with Turners Syndrome
- Poor balance
- Poor co-ordination
- Stunted height
- Learning difficulties at school



How is it going?

Exercise Programme to Integrate Primitive Reflexes and balance the two hemispheres of the brain, through stability and co-ordination work.

The improvements

- Better co-ordination
- Much improved balance
- More confidence in every aspect of life
- Physically and mentally more stable
- Academically improving

Seb Kane
Creator Evo Brain Body Mind

Seb Kane



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Thank you EVO...

After my husband meeting Evo/Seb a few years ago through a mutual friend we have never regretted it!

Seb starting helping my husband and I with our mental and physical health and then my daughter Ruby at Evo's private facility.

Ruby is 8 years old and has Turners Syndrome, which means her balance, height and her learning are all effected.

She has been to a local physiotherapist but nothing really helped her dramatically or quickly. It just all seemed such a slow process.

Since seeing Evo / Seb for 9+ months, Ruby has started swimming and can now swim a length. Ruby wants to ride her bike and she is nearly there!

Seb encourages Ruby and a group of other children, of varying abilities and ages, which I think is also incredible, to work together and support one another as they all have different strengths and weaknesses - they are the most amazing team of individuals!

Ruby loves her classes and says "I am getting stronger mummy, Seb is helping me so much" (not a week goes by where she ever says she does not want to go).

Seb has helped Ruby to believe in herself, be mindful and know that she is strong and will continue to grow and get better! Her balance and co-ordination have dramatically improved. Seb always gives us hints and tips about what to do at home with Ruby after classes too.

Seb is incredible, his encouragement and positive attention to everyone he meets is so incredibly passionate and moving! It's not just about money or the job, he genuinely cares! He always manages to deliver to help people achieve their potential and change their life's for the better!!

Just incredible - his energy is mind blowing!

Thank you so much Seb and the Evo team you are truly inspirational and we as a family are so glad we have met you. Thank you for helping both my husband and I and of course Ruby, we are eternally grateful.

Lucy Taylor Yorkshire, Sheffield